



CH5OPT – OPEN COURSE

CH5OPT01 - CHEMISTRY IN EVERYDAY LIFE

(Chemical structures are non-evaluative)

Credits – 3 (72 Hrs)

Unit 1: Food Additives

(12 Hrs)

Food additives – definition. Preservatives, Food colours - permitted and non-permitted, Toxicology. Flavours - natural and synthetic. Artificial sweeteners, Emulsifying agents, Antioxidants, Leavening agents and Flavour enhancers. Importance of food additives. Soft drinks - formulation and health effects. Health drinks. Fast foods and junk foods and their health effects. Food adulteration. Food laws and standards. Food Safety and Standards Act, 2006.

Unit 2: Soaps and Detergents

(10 Hrs)

Soaps – Introduction. Types of soaps - Toilet soaps, washing soaps. Liquid soap. TFM and grades of soaps. Bathing bars. Cleansing action of soap.

Detergents - Introduction. Types of detergents - anionic, cationic, non-ionic and amphoteric detergents. Common detergent additives. Enzymes used in commercial detergents. Comparison between soaps and detergents. Environmental aspects.

Unit 3: Cosmetics

(10 Hrs)

Cosmetics - Introduction. General formulation of different types of cosmetics - Dental cosmetics, Shampoos, Hair dyes, Skin products (creams and lotions, lipstick, perfumes, deodorants and antiperspirants), Bath oil, Shaving cream and Talcum powder. Toxicology of cosmetics.

Unit 4: Plastics, Paper and Dyes

(12 Hrs)

Plastics in everyday life. Plastics and Polymers. Classification of polymers. Brief idea of polymerization. Use of LDPE, HDPE, PP, PVC and PS. Environmental hazards of plastics. Biodegradable plastics. Recycling of plastics. Paper – Introduction. Paper manufacture (basic idea only). Weight and size of paper. Types of paper - News print paper, writing paper, paperboards, cardboards. Environmental impact of paper. International recycling codes, and symbols for identification of plastics. Natural and synthetic dyes with examples (elementary idea only).

Unit 5: Drugs

(9 Hrs)

Classification of drugs - Analgesics, Antipyretics, Antihistamines, Antacids, Antibiotics and Antifertility drugs with examples. Psychotropic drugs - Tranquilizers, Antidepressants and Stimulants with examples. Drug addiction and abuse. Prevention and treatment.

**Unit 6: Chemistry and Agriculture (12 Hrs)**

Fertilizers – Introduction. Types of fertilizers - Natural, synthetic, mixed, NPK fertilizers. Excessive use of fertilizers and its impact on the environment. Bio-fertilizers. Plant growth hormones. Pesticides - Introduction. Classification - Insecticides, Fungicides, Herbicides. Excessive use of pesticides - Environmental hazards. Bio pesticides.

Unit 7: Nanomaterials (7 Hrs)

Terminology. Scales of nanosystems. Different types of nanoparticles. Applications of nanoparticles in biology and medicine – biological labels, drug and gene delivery, tissue engineering, tumour destruction. Other applications of nanoparticles – electronics, paints, food packaging. Toxicology of nanoparticles.

References:

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8. J.W. Hill; T.W. McCreary and D.K. Kolb; *Chemistry for Changing Times*, Prentice Hall, 12th edn., 2010.
9. V.R.Gowariker; N.V. Viswanathan and J. Sreedhar; *Polymer Science*, 2nd edn., New Age, New Delhi, 2015.
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13. P.C. Pall; K. Goel and R.K. Gupta; *Insecticides, Pesticides and Argobased Industries*.
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16. K.J. Klabunde; *Nanoscale Materials in Chemistry*, Wiley.
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